



Rock Point Church
Bill Bush | 2.9.2025

“Teamwork is what the Green Bay Packers were all about, they didn't do it for individual glory. They did it because they loved one another. The difference between a successful team and others is not a lack of strength, not a lack of knowledge, but rather a lack of will.”

- Vince Lombardi

BIG IDEA | To win on the field, you gotta stay filled.

Ephesians 5:1-7 (NLT)

¹Imitate God, therefore, in everything you do, because you are his dear children. ²Live a life filled with love, following the example of Christ. He loved us and offered himself as a sacrifice for us, a pleasing aroma to God.

³Let there be no sexual immorality, impurity, or greed among you. Such sins have no place among God's people. ⁴Obscene stories, foolish talk, and coarse jokes—these are not for you. Instead, let there be thankfulness to God. ⁵You can be sure that no immoral, impure, or greedy person will inherit the Kingdom of Christ and of

God. For a greedy person is an idolater, worshiping the things of this world.

⁶ Don't be fooled by those who try to excuse these sins, for the anger of God will fall on all who disobey him. ⁷ Don't participate in the things these people do.

Follow the playbook...

Walk in love as Christ did.

Avoid penalties.

Watch for trick plays.

"Great teams have great character. It starts with the guys in the locker room."

- Peyton Manning

"The score takes care of itself when you take care of the process."

- Bill Walsh

Ephesians 5:8-14 (NLT)

⁸ For once you were full of darkness, but now you have light from the Lord. So live as people of light! ⁹ For this light within you produces only what is good and right and true. ¹⁰ Carefully

determine what pleases the Lord. ¹¹ Take no part in the worthless deeds of evil and darkness; instead, expose them. ¹² It is shameful even to talk about the things that ungodly people do in secret. ¹³ But their evil intentions will be exposed when the light shines on them, ¹⁴ for the light makes everything visible. This is why it is said,

**“Awake, O sleeper,
rise up from the dead,
and Christ will give you light.”**

Stay in bounds...

Expose, don't excuse sin.

Wake up and get in the game.

Ephesians 5:15-20 (NLT)

¹⁵ So be careful how you live. Don't live like fools, but like those who are wise. ¹⁶ Make the most of every opportunity in these evil days. ¹⁷ Don't act thoughtlessly, but understand what the Lord wants you to do. ¹⁸ Don't be drunk with wine, because that will ruin your life. Instead, be filled with the Holy Spirit, ¹⁹ singing psalms and hymns and spiritual songs among yourselves, and making music to the Lord in your hearts. ²⁰ And give thanks for everything to God the Father in the name of our Lord Jesus Christ.

Finish strong by staying spirit filled...

Make the most of every play.

Run the right route.

Stay fueled.

Practical Ways to Stay Filled with the Spirit:

- Worship and Give Thanks - Ephesians 5:19-20
- Stay in the Word - Colossians 3:16
- Pray Continually - 1 Thessalonians 5:17
- Obey Immediately - James 1:22
- Surround Yourself with Teammates - Hebrews 10:24-25
- Avoid the Wrong Fuel - Galatians 5:16

"Fatigue makes cowards of us all."

-Vince Lombardi

GROUPS QUESTIONS:

1. What stood out to you most about this week's sermon?

2. Pastor Bill emphasized the importance of fundamentals. Where in your spiritual life do you need to revisit the fundamentals of your faith, and what practical steps can you take to do so?

3. Ephesians 5:1-7 warns against sexual immorality, impurity, and greed. How do these things manifest themselves in our modern world, and what strategies can we use to avoid them and stay spiritually disciplined?

4. How do we practically "imitate God" as beloved children, as mentioned in verse 1? What does this look like in our daily interactions, work, and relationships?

5. Read Ephesians 5:16. What opportunities do you feel you've missed or are currently missing, and how can you be more intentional about making the most of your time for God's purposes?

6. How does the concept of God's grace intersect with the call to live a life worthy of that grace? How do we balance the "already" (being chosen) with the "not yet" (living out our faith)?

7. What areas of your life are you currently struggling to bring into the light, and what specific challenges do you face in doing so? How can the group support you in this?